

**Practice or Creativity Log Check Sheet:** List titles/topics at left; check each day that you work on them.

See Part I of [The Musician's Way](#) for guidelines to improve practice skills and optimize solo and group practice sessions.

Start date \_\_\_\_\_

Name \_\_\_\_\_

Title	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31